

# JESSICA ENNIS

## FACT FILE

### SPORT

Athletics (heptathlon,  
pentathlon)

### DOB

28 January 1986

### NATIONALITY

British

### OLYMPIC MEDALS

None (Yet!)

The Face  
of London  
2012

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## Materials

### DOLL

- »» Patons Diploma Gold DK; 120m/50g ball (55% wool, 25% acrylic, 20% nylon):
  - 1 ball in cream, 6142 (A)
  - 1 ball in warm beige, 6307 (F)
  - 1 ball in taupe, 6237 (G)
- »» Rowan Kidsilk Haze; 210m/25g ball (70% super kid mohair, 30% silk):
  - 1 ball in golden brown, 644 (H)
- »» Pair of 3.25mm (US 3) knitting needles
- »» Stitch holder or safety pin
- »» Tapestry needle
- »» Toy stuffing
- »» One 2.75mm (C-2) crochet hook
- »» Red and black embroidery thread
- »» Embroidery needle

### OUTFIT

- »» Patons 100% Cotton DK; 210m/100g ball (100% cotton):
  - 1 ball in white, 2691 (B)
  - 1 ball in red, 2115 (D)
  - 1 ball in denim, 2697 (E)
- »» Rowan Handknit Cotton DK; 85m/50g ball (100% cotton):
  - 1 ball in dark blue, 277 (C)
- »» White felt fabric; 10 x 10cm (4 x 4in)

### TENSION

25 sts x 34 rows = 10cm (4in) square over stocking stitch using 3.25mm (US 3) needles.

## Doll pattern

### BODY AND HEAD

Using A and 3.25mm (US 3) needles, cast on 28 sts.

Row 1 (WS): Purl.

Row 2 (RS): K6, m1, k2, m1, k12, m1, k2, m1, k6. (32 sts)

Row 3: Purl.

Row 4: K7, m1, k2, m1, k14, m1, k2, m1, k7. (36 sts)

Work 5 rows in stocking stitch.

Row 10: K6, k2tog, k2, k2togtbl, k12, k2tog, k2, k2togtbl, k6. (32 sts)

Row 11: Purl.

Row 12: K5, k2tog, k2, k2togtbl, k10, k2tog, k2, k2togtbl, k5. (28 sts)

Work 5 rows in stocking stitch.

Row 18: K6, m1, k2, m1, k12, m1, k2, m1, k6. (32 sts)

Work 3 rows in stocking stitch.

Row 22: K7, m1, k2, m1, k14, m1, k2, m1, k7. (36 sts)

Work 7 rows in stocking stitch.

Row 30: K6, k2tog, k2, k2togtbl, k12, k2tog, k2, k2togtbl, k6. (32 sts)

Row 31: P5, p2togtbl, p2, p2tog, p10, p2togtbl, p2, p2tog, p5. (28 sts)

Row 32: K4, k2tog, k2, k2togtbl, k8, k2tog, k2, k2togtbl, k4. (24 sts)

Row 33: P3, p2togtbl, p2, p3tog, p4, p3togtbl, p2, p2tog, p3. (18 sts)

Work 4 rows in stocking stitch.



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### Head

Row 38 (RS): K4, m1, k2, m1, k6, m1, k2, m1, k4. (22 sts)

Row 39: P5, m1, p2, m1, p8, m1, p2, m1, p5. (26 sts)

Row 40: K6, m1, k2, m1, k10, m1, k2, m1, k6. (30 sts)

Work 9 rows in stocking stitch.

Row 50: K5, k2tog, k2, k2togtbl, k8, k2tog, k2, k2togtbl, k5. (26 sts)

Row 51: P4, p2togtbl, p2, p2tog, p6, p2togtbl, p2, p2tog, p4. (22 sts)

Row 52: K3, k2tog, k2, k2togtbl, k4, k2tog, k2, k2togtbl, k3. (18 sts)

Cast off.

### ARMS (MAKE 2)

Using A and 3.25mm (US 3) needles, cast on 10 sts.

Starting with a knit row, work 28 rows in stocking stitch.

Row 29: K1, [k2tog] 4 times, k1. (6 sts)

Row 30: Purl.

Row 31: K1, [m1, k2] twice, m1, k1. (9 sts)

Work 7 rows in stocking stitch.

Row 39: K1, [k3tog, k1] twice, k1. (5 sts)

Break off yarn and thread through stitches on needle.

Draw tight and secure the end.

### LEGS (MAKE 2)

Using A and 3.25mm (US 3) needles, cast on 13 sts.

Starting with a knit row, work 34 rows in stocking stitch.

### Shape feet

Row 35: K1, m1, k5, m1, k1, m1, k5, m1, k1. (17 sts)

Row 36: Purl.

Row 37: K8, m1, k1, m1, k8. (19 sts)

Row 38: Purl.

Row 39: K9, m1, k1, m1, k7, turn, do not work remaining sts on the left-hand needle.

Row 40: Sl1, p16, turn.

Row 41: Sl1, k7, m1, k1, m1, k6, turn.

Row 42: Sl1, p14, turn.

Row 43: Sl1, k6, m1, k1, m1, k3, turn.

Row 44: Sl1, p8, turn.

Row 45: Sl1, knit to end of row.

Cast off knitwise.

### SHORTS

Using D and 3.25mm (US 3) needles, cast on 16 sts.

Row 1: Knit.

Row 2: K1, k2tog, knit to last 3 sts, k2togtbl, k1. (14 sts)

Break off D and join in C.

Row 3: Knit.

Row 4: Purl.

Row 5: K2, k2togtbl, knit to last 4 sts, k2tog, k2. (12 sts)

Row 6: P2, p2tog, purl to last 4 sts, p2togtbl, p2. (10 sts)

Break off C and join in B.

Row 7: Work as row 5. (8 sts)

Row 8: Work as row 6. (6 sts)

Work 5 rows in stocking stitch.

Row 14: P2, m1, purl to last 2 sts, m1, p2. (8 sts)

Row 15: K2, m1, knit to last 2 sts, m1, k2. (10 sts)

Row 16: Work as row 14. (12 sts)

Break off B join in C.

Row 17: Work as row 15. (14 sts)

Work 3 rows in stocking stitch.

Break off C and join in D.

Row 21: As row 15. (16 sts)

Row 22: Knit.

Cast off knitwise.

### VEST (MAKE 2)

Using E and 3.25mm (US 3) needles, cast on 14 sts.

Rows 1–2: Knit.

Starting with a knit row work 4 rows in stocking stitch.

Break off E and join in B.

Row 7: K1, m1, knit to last st, m1, k1. (16 sts)

Row 8: Purl.

Work a 8 rows in stocking stitch.

Cast off 2 sts at beg of next 2 rows. (12 sts)

Row 19: Knit.

Row 20: Purl.

### Shape neck

Row 21: K4, transfer the remaining 8 sts onto a stitch holder or safety pin. (4 sts)

Row 22: K1, p2, k1.

Row 23: K1, k2tog, k1. (3 sts)

Row 24: K1, p1, k1.

Row 25: Knit.

Row 26: K1, p1, k1.

Cast off.

Transfer the group of 8 sts from stitch holder onto the needle and rejoin yarn.

Row 21: Cast off 4 st, knit to end. (4 sts)

Row 22: K1, p2, k1.

Row 23: K1, k2togtbl, k1. (3 sts)

Row 24: K1, p1, k1.

Row 25: Knit.

Row 26: K1, p1, k1.

Cast off.

### TRAINERS (MAKE 2)

Using D and 3.25mm (US 3) needles, cast on 17 sts.

Row 1: Purl.

Row 2: K1, m1, k6, m1, k3, m1, k6, m1, k1. (21 sts)

Row 3: Purl.

Row 4: K9, m1, k3, m1, k9. (23 sts)

Row 5: Purl.

### Shape toe

Row 6: K10, m1, k3, m1, k8, turn, do not work remaining sts on the left-hand needle.

Row 7: Sl1, p20, turn.

Row 8: Sl1, k8, m1, k3, m1, k7, turn.

Row 9: Sl1, p18, turn.

Row 10: Sl1, k7, m1, k3, m1, k6, turn.

Row 11: Sl1, p16, turn.

Row 12: Sl1, knit to end.

Row 13: P12, p2tog, p1, p2tog, p12. (27 sts)

Cast off.



### FACT

Ennis is modelling the new Team GB Olympic outfit, designed by Stella McCartney.

## FINISHING

Use the photographs as a guide throughout the finishing of the pieces and use matching yarn unless otherwise stated.

Weave in ends using the seams where appropriate.

## Arms

Sew the side edges together to create the back seam. Insert stuffing and sew up the top opening. Using the same method as that described for the Neck, add wrists 2cm (3/4in) from the fastened-off stitches. Using the decrease stitches on the shoulder as a guide, attach the arms to the Body.

## Legs

Fold the cast-off edge in half, then sew together the cast-off edge and back seam. Insert stuffing and sew up the top opening. Attach the legs to the Body.

## Hair

Cut 6 lengths approx. 30cm (12in) each of F, G and H and divide the lengths into 6 groups of 3 yarn lengths. Attach the hair to the head along the top seam by inserting a crochet hook under a stitch, folding a group of yarn lengths in half and pulling it through the fabric to form a loop, then pass the cut ends of the strands through the loop and pull tight to form a tassel. Once all groups are attached, gather into a bunch at the back of the head, then secure with a length of hair coloured yarn.

## Head and face

Embroider the face as follows:

Eyes: Using black yarn, work bullion knots (wrapped around needle approx 5 times).

Mouth: Using red embroidery thread, work in back stitch.

## Vest

Using mattress stitch or backstitch, sew right shoulder seam. Using yarn D and with right side facing, pick up stitches along neck line using 3.25mm needle as follows: 5 sts down front neck, 7 sts across front, 5 sts back up to shoulder seam, 5 sts back down, then 7 sts across back and 5 sts up to shoulder.

Cast off knitwise.

Using mattress stitch or backstitch, sew the left shoulder and neck band together and sew the side edges of the two pieces together to create side seams.

Using picture as guide cut strips from white felt fabric and sew into position on front of vest

## Shorts

Fold the shorts in half so that the red cast on and cast-off edges match, then, using mattress stitch or backstitch, sew the red bands together at the sides.

## Trainers

Fold cast-off seam in half and sew up, then sew up back seam.

Cut a piece of red yarn thread through top of trainers for shoe laces and tie into a bow.

## ABBREVIATIONS

cm	centimetre
in	inch(es)
k	knit
k2tog	knit two together
k3tog	knit three together
m1	make one
mm	millimetre(s)
p	purl
p2tog	purl two together
RS	right side
sl	slip
st(s)	stitch(es)
tbl	through the back of loop
WS	wrong side
[ ]	work directions within square brackets as directed
*	work instructions after asterisk as directed.



This exclusive pattern was created to accompany the book *Knitlympics: Knit Your Favourite Sports Star* by Carol Meldrum. With patterns for 20 Olympic icons, plus tickets, a podium, torch and medals, the book contains everything you need to hold your own Knitlympic Games!

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*Sunday Mirror*



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