

# Ballerina

This graceful ballerina has all the right accessories to use in her exciting performances – a tutu, ballet shoes, leg warmers and even a delicate necklace!

## Materials

Rowan Cotton Glace: 2 x pale pink 799 (skin colour), 1 x light brown 730 (hair colour), 1 x dark pink 724, 1 x white 726

White DK oddments for leg warmers  
Black and pink embroidery thread for eyes and mouth

Pair of 3mm (UK 11) knitting needles  
3mm crochet hook

Ballet net: 25cm in either light pink or white

Bias binding to match net

Press studs

2 sequins, 2 beads, embroidery cotton  
Toy stuffing

For all main body pieces, use pale pink, or chosen skin colour.

## Basic Doll

### Head (make 2)

Cast on 21 sts.

Row 1: Knit.

Row 2: K1, inc into next st, p to last stitch, inc in next st, k1 (23 sts).

Row 3: Knit.

Row 4: As row 2 (25 sts).

Row 5: Knit.

Row 6: K1, p to last st, k1.

Continue in stocking stitch, without further shaping, for 32 rows.

Next row: K2tog twelve times, k1 (13 sts).

Next row: Purl.

Next row: K2tog six times, k1 (6 sts).

Cast off.

### Legs (make 2)

Cast on 24 sts.

St st 64 rows.

Decrease as follows:

Next row: K1, \* k2tog, k2, rep from \* to last 3 sts, k2tog, k1 (18 sts).

Next row: Purl.

Next row: K1, \* k2tog, k2, rep from \* to last 1 st, k1 (14 sts).

Next row: Purl.

Next row: K1, \* k2tog, k2, rep from \* to last 1 st, k1 (11 sts).





## To Make Up Basic Doll

Sew in all ends. Join head pieces, using mattress stitch, and stuff firmly. Join the two body pieces in the same way and stuff. Join seams of legs, stuff firmly and attach to bottom of body. Fold and close seams on arms. Attach to main body. Attach head to complete the doll, ensuring that the neck is stuffed sufficiently to support the head.

## Hair

To make the hair, begin at the back of the neck: sew a loop, then secure with a small stitch. Continue working in this manner until whole head is covered. Make the fringe in the same way, using shorter loops.

## Features

Sew features on the face as illustrated, using black embroidery thread for the eyes and pink for the lips.

## Knickers

Use white.  
Cast on 24 sts.  
Work in k1 p1 rib for 4 rows.  
St st 4 rows.  
**Next row:** Dec 1 st at each end of next and every following alt row until 10 st rem.  
**Next row:** K2tog to end (5 sts).  
St st 3 rows.  
**Next row:** Inc in every st (10 sts).  
**Next row:** Inc 1 st at each end of next and every following alt row until there are 24 sts.  
St st 4 rows.  
Work in k1 p1 rib for 4 rows.  
Cast off.  
Fold in half and join the side seams.

**Next row:** Purl.  
**Next row:** K1, \* k2tog, k2, rep from \* to last 1 st, k1 (9 sts).  
**Next row:** Purl.  
**Next row:** K1, \* k2tog, k2, rep from \* to last 2 sts, k2 (7 sts).  
**Next row:** Purl.  
Break thread and draw through remaining 7 sts and secure.

## Body (make 2)

Cast on 28 sts.  
St st 36 rows.  
Cast off 4 sts at the beg of next 4 rows (12 sts).  
Cast off remaining 12 sts.

## Arms (make 2)

Cast on 16 sts.  
St st 50 rows.  
Cast off 4 sts at beg of next 4 rows.

## Ballerina Clothes

### Wrap top

Use dark pink.  
Cast on 28 sts.  
St st 28 rows.  
**Next row:** K9, cast off centre 10 sts and k to end.  
Working on the first set of 9 sts only, work 2 rows st st.  
**Next row:** K1, p to last 1 st, k1.  
**Next row:** K1, pick up loop before next stitch and knit into back of it; k to end (10 sts).  
Continue increasing in this manner on the front edge until there are 28 sts.  
Work 1 row.  
**Next row (RS facing):** Cast on 31 sts and k to end.  
Cast off.

With WS facing, rejoin yarn to remaining 9 sts using st st. Work 1 row.  
**Next row:** K1, p to last st, k1.  
**Next row:** K to last st, pick up loop before next stitch and knit into the back of it, k1 (10 sts).  
Repeat the last two rows and continue increasing in this manner, on the front edge only, until there are 28 sts.  
Complete to match first side.  
Cast off.

### Sleeves (make 2)

Cast on 22 sts.  
St st 6 rows.  
**Next row:** Increase 1 st at each end of this and following 4th row, until there are 26 sts.  
St st 27 rows.  
Cast off.

To finish, fold sleeves in half lengthways and sew in place on top of shoulder. Join sleeve and side seams.

### Tutu

Fold the ballet net in half lengthways and gently gather it to fit around the waist of the doll. Tack as you go, then sew securely. Take the bias binding and fold it over the gathered waist edge of the net. Pin and sew in place, covering the tacking stitches. To finish, sew the press stud parts to either end of the waistband. Trim the tutu to the desired length.

### Shoes (make 2)

Use dark pink.  
Using 3mm crochet hook, make a foundation ring of 8 chain stitches, join with a slip stitch and work in rounds.  
**Round 1:** Make 2 chain stitches; work 8 treble crochet into ring, working over loose end.  
**Round 2:** Make 2 chain stitches, work 1 treble crochet into each of next 8 treble crochet, slip stitch in top of chain.

**Round 3:** As round 2.  
Continue working in this way until shoe fits securely on foot.  
To finish, crochet two chains on either side of shoe to use as straps.

### Necklace

Thread two sequins, in different colours and shapes, on to a piece of

embroidery cotton. Thread on a bead, then thread the cotton back through the two sequins.

### Leg warmers (make 2)

Use white DK oddments.  
Cast on 24 sts.  
Continue in k2, p2 rib for 40 rows.  
Cast off in pattern.  
To finish, join side seams using mattress stitch.

### Hairband

Use dark pink.  
The hairband is made by casting on 5 sts, and working in stocking stitch until – when the hairband is slightly stretched – it fits across the top of the head. Cast off.



## Abbreviations

**alt** alternate  
**approx** approximately  
**beg** begin(ning)  
**cm** centimetre  
**cont** continue  
**dec** decrease  
 **foll** follow(s)(ing)  
**in** inches  
**inc** increase (work into front and back of next stitch to increase by one stitch)  
**k** knit  
**k2(3)tog** knit two (three) stitches together  
**oz** ounces  
**p** purl  
**p2(3)tog** purl two (three) stitches together  
**rem** remain(ing)  
**rep** repeat  
**RS** right side  
**st** stitch  
**st st** stocking (stockinette) stitch  
**WS** wrong side

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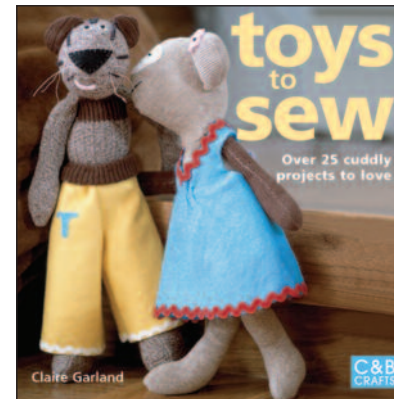
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